



THE TEACHINGS OF JESUS

Keep your family communicating every night and grow together in insight, love and your understanding of one another and God. Try this simple five-step process just before bed for maximum impact. New to the process? Focus on step 1 initially, and grow from there. Check out www.faithink.com, FINKlink LS14 for additional games, songs, and devotions on this theme.



SHARE your highs and lows of the day.



READ and highlight these verses—one a day—in your Bible.

WEEK 1

Day 1 John 4:7-9
Day 2 John 4:10
Day 3 John 4:13-14
Day 4 John 4:15
Day 5 John 7:37b-38a
Day 6 John 7:38b
Day 7 Review - John 4:13-14a, 15a, 7:38b

WEEK 2

Day 1 Matthew 5:1-3
Day 2 Matthew 5:4-5
Day 3 Matthew 5:6-7
Day 4 Matthew 5:8-9
Day 5 Matthew 5:10
Day 6 Matthew 5:11-12a
Day 7 Review - John 4:13-14a, 15a, 7:38b



TALK about your highs and lows in relation to the verse for the day. Ask “How does this verse relate to our highs and lows?” and “What might God be saying to us today?”



PRAY for one another. Praise and thank God for today's highs. Ask for help with today's lows. Include highs and lows of your family, friends and world in this prayer. Close in Jesus' name.



BLESS one another using the following blessing, marking one another with the sign of the cross:

“(NAME), CHILD OF GOD, MAY CHRIST’S LIVING WATER REFRESH YOUR LIFE TODAY. AMEN.”

FAMILY COVENANT: *We have shared the FAITH 5™ together as a family this week.*

Parent's Signature

Teen's Signature

Date